SHELTERS & CRISIS

Stepping Stones Shelter:

715-235-2975

Provides emergency shelter and services for housing related issues.

The Bridge to Hope: 715-235-9074 (800)924-9918

Offers crisis intervention; emergency shelter and services for domestic abuse and sexual assault for adults and children in Dunn and Pepin Counties.

TeenCARE Positive Alternatives: 715-235-9552 Offers crisis/intervention services for teens and parents.

American Red Cross:

715-235-3700

(800) 261-4182

<u>Disaster Services</u> provides for immediate needs of food, shelter & clothing as a result of a disaster. <u>Armed Forces Emergency Services</u> provides emergency communication for military members and their families.

UTILITY & FINANCIAL ASSISTANCE

Catholic Charities:

(715) 832-6644

(877) 832-3483

Provides housing, food and gas vouchers, utility assistance, and case management to income eligible.

Dunn County Energy Assistance: 715-232-1116

Citizens Energy Oil Heat Assistance:

877-563-4645

Provides 100 gallons of home heating oil to those who meet eligibility requirements

Veteran's Office: 715-232-1646

Veteran's federal & state benefits, VA Health Care.

Dunn County Housing Authority: 715-235-4511 Ext. 204

Provides rent subsidy assistance for low income families, the elderly, and disabled adults. Waiting List.

Menomonie Housing Authority: 715-235-0656 Provides housing for low income families and the

elderly based on 30% of gross income.

West CAP, Inc.: (800) 606-9227

<u>Home Works</u> provides weatherization services on homes; must first be referred from Energy Assistance

<u>Families in Transition</u> provides rent and utility and mortgage assistance.

<u>Jump Start</u> assists low income families to get into reliable fuel efficient cars

Clothing Collection provides low income families with up to a weeks worth of clothing Hours: Mondays 8-11, Thursdays 1-4 or by appointment 715-235-4511

HOME REPAIRS

Dunn County Volunteer Home Repair Collaborative 715-235-2920

Provides basic home repairs/modifications for low-income home owners

Dunn County Community Development Block Grant 715-235-4511 ext. 201

Home Rehabilitation Loans at 0% interest with deferred payments. Waiting list, based on priority.

NON-CRISIS INFORMATION

First Call for Help: (800) 254-2350 Provides information and referral services.

American Red Cross: 715-235-370

715-235-3700 (800) 261-4182

<u>Health & Safety Services</u> teaches life saving health and safety skills. <u>Blood Services</u> provides a safe and steady blood supply.

Bread For The World: 715-235-9377

Influences legislation to change government policies to be more helpful for hungry people.

MAKING THE RIGHT CONNECTION

Dunn County Resource Guide



Provided by the Dunn County Emergency Food and Shelter Collaborative Revision July 2010

ASSISTANCE

2-1-1

Free, confidential community human services information and referrals. Simply dial 2-1-1 to get help with life.

access.wi.gov Wisconsin's internet tool to apply for and check eligibility for low cost or no cost health, nutrition or other programs

House Calls: 715-232-6475 or (800) 615-0334 Provides personal care, financial management, supportive home care and community support service.

Dunn County Human Services: 715-232-1116Economic Support for those over 60 yrs, Mental Health Clinic, Aging & Disability Resource Center, Family & Children's Unit, Infant Development Program

Economic Support/Job Center: 715-231-2800 Badger Care, Medical Assistance, Healthy Start, Food Share, Day Care, W2, General Relief for families or singles under 60 yrs.

Community Connections: 715-235-2920 Provides light housekeeping, meal preparation, yard-work, companionship, small fix-it repairs, shopping, and transportation.

Dunn County Health Dept: 715-232-2388 Free immunizations, health checks, lead screenings, women's health program, family planning, environmental health services

C3 Center 715-235-3800 Free used furniture, appliances, and household goods with referral.

DENTAL

Rural Health Dental Clinic: 715-235-1573
Dental care. Accepts MA

Marshfield Clinic Dental: 715-738-2000 (Chippewa Falls) Dental care. Accepts MA

FOOD & NUTRITION

Dunn Co. DHS-Aging & Disability Resource Center 715-232-4006

Home delivered meals, senior meal sites, liquid nutritional supplements.

UW-Extension: 715-232-1636

Provides food and nutrition education, recipes, and menus.

WIC Program: 715-232-2498

Supplemental food program for women, infants, and children. Offers health screening, nutrition education, and breastfeeding support. Provides vouchers for specific foods.

Stepping Stones Food Pantry (formerly Interfaith Food Pantry): 715-235-2920

Mondays, Thursdays & Fridays: 11:00-2:00 Tuesdays & Wednesdays: 3:00-6:00

Saturdays: 10:00-12:00

Provides food and personal care items to Dunn County households in crisis and at or below 185% of the Federal Poverty Level.

Caring Ministries Food Pantry: 715-962-2164 Emergency food for Village of Colfax residents and surrounding areas in need. By appointment only

Shepherd's Shelf Food Pantry: 715-879-5115 **Elk Mound.** Provides food to those in need. Mondays & Fridays 10:00-12:00 or by emergency appointment.

W2 Program/Food Share: 715-231-2800

Free Reduced School Lunch

Contact your local school administration.

SHARE: 715-632-2117 Provides a low cost package of food to anyone who wishes to participate.

Menomonie Farmers' Market: Dunn County Recreation Park (Fairgrounds) local produce Every Wed. and Sat. May through October: Sat. 8:00 to 12:00 & Wed. 12:00 to 5:00.

Food Harvest Ministry Food Distribution: 715-643-2350

Distribution starts at 10:00 a.m. Suggested donation of \$15. Bring your own bags/boxes. No questions asked.

<u>Boyceville</u>—Third Saturday of each month at the Community Center.

Knapp—Fifth Saturday of the month in Knapp.

Tuesday's Table - Every Tues 5:00 to 6:30 pm St Joseph's Church Basement 10th St & Wilson Avenue.

Thursday's Table - Every Thurs.5:00 to 6:00 pm 1st Congregational Church, 420 Wilson Avenue. You are invited to a free home cooked meal.

EDUCATION

UW-Extension: 715-232-1636

Provides education in nutrition, stretching food, college transition, parenting and budgeting.

Early Head Start/Head Start/4K: 715-235-9122 (800) 352-6283

Early Head Start serves income eligible families from pregnancy to age 3. Head Start serves families with kids ages 3-5 including 4K and programs for pregnant and parenting teens, and home visit program.

MEDICAL

Free Clinic of the Greater Menomonie Area 715-308-3808

Provides services to the uninsured with household incomes of 200% or less of the Federal Poverty Level. Open Tuesdays 5:00-7 p.m. Walk-ins only. First come, first serve.

Prescription Drug Discount Cards

Discounts on out-of-pocket expenses through Family Wize: www.familywize.org 715-235-3800

Discounts on out-of-pocket expenses in a program sponsored by the local government association. Contact www.caremark.com/naco or pick up a card at the County Administration Office, 800 Wilson Avenue